|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Topic** | **Lesson work completed** | **R.A.G** | **Revised** | **R.A.G** |
|  | Places of worship (Temples) |  |  |  |  |
|  | How Buddhists worship (Puja and Shrines) |  |  |  |  |
|  | Meditation (Samatha and Vipassana) |  |  |  |  |
|  |
|  | Visualisation Meditation |  |  |  |  |
|  | Retreats and Festivals (Wesak and Paranirvana Day) |  |  |  |  |
|  | Ceremonies associated with death and mourning |  |  |  |  |
|  | Kamma |  |  |  |  |
|  | Metta and Karuna |  |  |  |  |
|  | The Five Moral Precepts |  |  |  |  |
|  | The Six Perfections |  |  |  |  |

**Buddhist Practices Topic Checklist**

**End of topic reflection:**

The Topics I am confident on are

The topics I need to do more independent revision work on are